

CONFIDENTIAL QUESTIONNAIRE

Dr. Ed Ashby, LMHC
Licensed Mental Health Counselor

PERSONAL INFORMATION

Date: _____

Name: _____ Home Phone: _____ Cell _____

Street, City, ZIP: _____

Birth Date: _____ Age: _____ Education (last year completed): _____

Occupation: _____ Business Phone: _____

May we leave a message at your home? ___Yes ___No Business? ___Yes ___No

Circle One: Single Married Separated Divorced Widowed
If married, how long? _____

Spouse's name and occupation: _____

Names and ages of children: _____

In case of emergency, please contact the following: _____

Relationship: _____ Phone: _____

Referred to Family Legacy by: _____

HEALTH INFORMATION

Rate your overall health (check one): ___Very Good ___Good ___Average ___Poor

Are you sleeping through the night? ___Yes ___No

Have you had a change in weight recently? ___Yes ___No
If Yes, about how much? ___Loss ___Gain

Are you experiencing fatigue or lack of energy? ___Yes ___No

Present medications and purpose: _____

(Please turn over and complete the other side)

OTHER INFORMATION

Have you recently suffered loss from a significant social, business, or family relationship? _____ Yes
_____ No If Yes, please explain: _____

Have you had previous counseling? _____ Yes _____ No
If Yes, please list the dates, name of therapist and reason for counseling: _____

What religious organization do you attend, if any?

Briefly describe your belief about God and if/how you see your faith being part of the change process in your counseling:

What has brought you here today and what would you like the counseling process to accomplish?

Please circle the areas you may wish to discuss during the counseling process:

- | | | | |
|------------|-----------------|----------------------|-------------------|
| abortion | childhood hurts | marital issues | sexual issues |
| abuse | communication | occupation | spirituality |
| anger | depression | parenting | stress |
| anxiety | finances | parents/in-laws | substance abuse |
| appearance | grief/loss | relational conflicts | suicidal thoughts |

FAMILY LEGACY COUNSELING
NOTICE OF PRIVACY PRACTICES

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) is a federal law enacted to ensure the privacy and security of a consumer's Protected Health Information ("PHI"). PHI is individually identifiable health information that is transmitted or maintained in any form or medium. Some examples of PHI include an individual's name, social security number, address, and date of birth.

Family Legacy Counseling (counselors and office manager, heretofore referred to as "we") is required by law to protect the privacy of your mental health information. We are also required to send you this notice which explains how we may use information about you and when we can give out or "disclose" that information to others.

The terms "information" or "health information" in this notice include any personal information that is created or received by a mental health care provider that relates to your mental health and/or that of your child(ren), the provision of mental health care to you, or the payment of such care.

We have the right to change our privacy practices. If we do, we will provide the revised notice to you within 60 days by direct mail or post it on our Family Legacy Counseling website, www.familylegacycounseling.com.

HOW WE USE OR DISCLOSE INFORMATION

We must use and disclose your health information to provide information:

- To you or someone who has the legal right to act for you ;
- Where required by law.

We have the right to use and disclose health information to operate our business. For example, we may use your health information:

- For collection of payment of grossly overdue or delinquent accounts; account information may be disclosed to a billing collection agency.

We may use or disclose your health information for the following purposes under limited circumstances:

- For appointment reminders. We may use health information to contact you for appointment reminders using phone numbers provided by you.
- To persons involved with you care: We may use or disclose your health information to a person involved in your care, such as a family member, when you are incapacitated or in an emergency or when permitted by law.
- For reporting victims of abuse, neglect or domestic violence to government authorities, including a social service or protective service agency.
- For judicial or administrative proceedings such as in response to a court order, search warrant or subpoena.
- For law enforcement purposes such as providing limited information to locate a missing person.
- To avoid a serious threat to health or safety by, for example, disclosing information to public health agencies.

If none of the above reasons applies, **then we must get your written authorization to use or disclose your and/or your child's health information**. The dated Release of Information specifies what information may be disclosed, to whom, and during what period of time. Your written authorization to disclose your health information would apply in the following situations:

- For payment of fees due us (whether by insurance or other third party payees such as churches) and to process claims for mental health care services.
- For treatment information from other family members, referring physicians, other mental health counselors, or physicians to whom we may refer you. This information may be shared via phone consultation, in person, by fax or direct mail.
- For specialized government functions such as military and veteran activities, national security and intelligence activities, and the protective services for the President and others.

- If a use or disclosure of health information is prohibited or materially limited by other applicable law, it is our intent to meet the requirements of the more stringent law.

To protect your health information records:

- Information requested by referring or referred physicians or other mental health counselors may be shared in summary form rather than in case note form when possible.
- Appointment reminders will only be left with phone/fax numbers that are provided by you and with your permission.
- Mental health records are stored in color-coded folders applicable solely to your or your child's counselor.
- Mental health records are stored in locked file cabinets when not in use.
- After five years of appointment inactivity, health information records are shredded or burned.

HIGHLY CONFIDENTIAL INFORMATION

Federal and applicable state laws may require special privacy protections for highly confidential information about you. "Highly confidential information" may include confidential information under Federal law governing alcohol and drug abuse information as well as state laws that often protect the following types of information:

1. HIV/AIDS;
2. Mental health;
3. Genetic tests;
4. Alcohol and drug abuse;
5. Sexually transmitted diseases and reproductive health information; and
6. Child or adult abuse or neglect, including sexual assault.

WHAT ARE YOUR RIGHTS

The following are your rights with respect to your health information.

- **You have the right to ask to restrict uses or disclosures** of your information for treatment, payment or health care operations. You also have the right to ask to restrict disclosures to family members or to others who are involved in your health care or payment of your health care. We may also have policies on dependent access that may authorize certain restrictions. *Please note that while we will try to honor your request and will permit requests consistent with our policies, we are not required to agree to any restriction.*
- **You have the right to ask to receive confidential communications** of information in a different manner or at a different place (for example, by sending information to a P.O. Box instead of your home address).
- **You have the right to see and obtain a summary copy** of health information that may be used to make decisions about you such as claims.
- **You have the right to a paper copy of this notice.** You may ask for a copy of this notice at any time.

EXERCISING YOUR RIGHTS

If you have any questions about this notice or want to exercise any of your rights, please call Family Legacy Counseling at (515) 727-1338.

DR. ED ASHBY, LMHC
Licensed Mental Health Counselor

OFFICE POLICIES

At Family Legacy we believe counseling is a process whereby a client seeks resolution of emotional, relational, and/or spiritual difficulties with the assistance of another caring individual. Your counselor, Pat Ashby, will bring to the session her professional knowledge and expertise, but the ultimate responsibility for growth and change rests with you, the client. You are invited at any time to ask questions of Pat regarding your counseling and your progress.

OFFICE HOURS: Pat's office days are Monday through Thursday. Appointments can be made or messages left by calling the Family Legacy office at (515) 727-1338. Family Legacy's receptionist office hours are Monday through Friday 8:00 AM until 4:00 PM. Voice mail is available after office hours and is confidential, so please feel free to leave a message.

AFTER HOURS EMERGENCY: For emergencies, instructions on how to reach Pat at home are given at the end of the voice mail message. Should you be unable to reach her, please call one of the other emergency names/numbers, or pursue 24-hour assistance from a local hospital emergency room, shelter, or police department.

INSURANCE: Pat is covered under the United Health Care plan and Wellmark BlueCross/Blue Shield. She may be covered by other plans, but the client would be responsible for seeking out this information and filing the claim for direct reimbursement.

CHARGES: Hourly rates are based on a therapeutic hour (50 minutes). Pat's fee is \$150.00 for the first session and \$110.00 for sessions thereafter. Payment is due upon arrival. If your account ever reaches a balance of \$220.00, services will be suspended until the balance is brought up to date. **Please initial _____.** A processing fee of \$10.00 will be added to those accounts that require a statement to be sent for unpaid balances. By maintaining a zero balance on your account for co-pays, private pay, testing or other fees you will be able to avoid the processing fee. This excludes billed insurance balances. **Please initial _____** Pat has reserved your appointment time expressly for you. Since there is often a waiting list, we require twenty-four hours' notice prior to your scheduled appointment for cancellations. If you do not show up for your appointment or fail to give 24 hours' notice, you will be charged half the session fee, or \$55.00, for the missed session. We understand that emergencies do arise. If this is the case, please call the office as soon as possible. **Please initial _____**

CONFIDENTIALITY: All counseling is confidential, according to the Code of Ethics adhered to by your counselor. The counselors at Family Legacy are required by State Law, Code Section 232 and 235, to report suspected incidences of child, or dependent, or elder abuse.

NOTICE OF PRIVACY PRACTICES: I have read Family Legacy's Notice of Privacy Practices (HIPPA).

Your signature below signifies your understanding and willingness to comply with these policies.

Client(s)

Date